1:1 COACHING OFFER

Transformational LIFE Coaching for WOMEN



FEMININE POWER RISING!

This is the time for women to support each other, stand in their power, and speak to what they value!

Something historic and unprecedented is happening. Millions of women are leading a new stage of evolution: the shift from achievement to self-actualization.

You know you're a part of this historic and world-changing group, because deep down you feel an impulse to realize the much bigger possibilities of your life...

Is this you?

I am seeking women who are interested in participating in a transformational life coaching program which includes access to the online <u>Feminine Power Essential</u> course based on the groundbreaking research of <u>Dr. Claire Zammit</u>.

This will be a 10-week commitment:

- 7 weekly online courses (90 minutes)
- 9 weekly 1:1 coaching sessions (60 minutes)

Make the **rest** of your life the **best** of your life!

Only 5 spots available.
Contact Mary today!
352.363.0333
maryrockwoodlane@gmail.com

Define your Destiny.

This is an evolved, transformational life coaching program which combines Jean Watson's <u>Caring Science & Human Caring Theory</u> with the Feminine Power principles.

The Theory and Science of Human Caring seeks to restore the profound nature of caring-healing, and bring the ethic and ethos of Love back into Healthcare

Feminine Power is a unique set of frameworks, principles and practices designed especially to help smart, conscious, gifted women realize their full potential and contribute their gifts at the highest level.

Health. Wellness. Empowerment. Spiritual Growth.

Activate the potential of your self-transformational process to practice Loving-kindness and authenticity by tapping into your inner resources.

Offered by Mary Rockwood Lane who is seeking certification as a Feminine Power Facilitator.

The cost is based on a sliding scale. Contact Mary for more information.

MARY ROCKWOOD LANE RN, PHD, FAAN

AUTHOR | SPEAKER ARTIST | ACTIVIST CARITAS COACH®





~ More information ~

<u>maryrockwoodlane.com</u> <u>watsoncaringscience.org</u> <u>femininepower.com</u>